

The ABC's of Physical Therapy

500+ Abbreviations You Should Know

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#

- 1RM: 1 Repetition Maximum
- 2MWT: 2-Minute Walk Test
- 4WW: Four-Wheeled Walker
- 6MWT: 6-Minute Walk Test

A

- A-V: Arteriovenous
- A/P: Anterior/Posterior
- AA: Atlantoaxial
- AAA: Abdominal Aortic Aneurysm
- AAROM: Active Assisted Range of Motion
- ABD: Abduction
- ABG: Arterial Blood Gas
- ABI: Ankle-Brachial Index
- AC: Acromioclavicular
- Ach: Acetylcholine
- ACL: Anterior Cruciate Ligament
- AD: Assistive Device or Autonomic Dysreflexia
- ADD: Adduction
- ADH: Antidiuretic Hormone
- ADL: Activities of Daily Living
- ADM: Abductor Digiti Minimi
- AE: Above Elbow
- AIMS: Alberta Infant Motor Scale
- AIS: ASIA Impairment Scale
- AFO: Ankle Foot Orthosis
- AKA: Above Knee Amputation
- ALL: Anterior Longitudinal Ligament
- ALS: Amyotrophic Lateral Sclerosis
- AMA: Against Medical Advice or American Medical Association
- AMB: Ambulation
- ANOVA: Analysis of Variance
- ANS: Autonomic Nervous System
- Ant: Anterior
- APB: Abductor Pollicis Brevis
- APGAR: Appearance, Pulse, Grimace, Activity, and Respiration
- APL: Abductor Pollicis Longus
- APR: Active, Passive, and Resisted (Motions)

- APTA: American Physical Therapy Association
- ARDS: Acute Respiratory Distress Syndrome
- ARF: Acute Renal Failure
- AROM: Active Range of Motion
- ASA: Acetylsalicylic Acid (Aspirin)
- ASD: Autism Spectrum Disorder
- ASIS: Anterior Superior Iliac Spine
- ASLR: Active Straight Leg Raise
- ATFL: Anterior Talofibular Ligament
- ATNR: Asymmetrical Tonic Neck Reflex
- AVN: Avascular Necrosis

B

- B or Bil: Bilateral
- BBP: Bloodborne Pathogen
- BBS: Berg Balance Scale
- BE: Below Elbow
- BFR: Blood Flow Restriction
- BG: Basal Ganglia
- BID: Twice a Day
- BK: Below Knee
- BKA: Below Knee Amputation
- BMD: Becker Muscular Dystrophy
- BMI: Body Mass Index
- BMP: Basic Metabolic Panel
- BNP: Brain Natriuretic Peptide
- BOS: Base of Support
- BP: Blood Pressure
- BPD: Bronchopulmonary Dysplasia
- BPM: Beats per Minute or Breaths per Minute
- BPPV: Benign Paroxysmal Positional Vertigo
- BSID-3: Bailey Scale of Infant and Toddler Development
- BTB: Bone-Tendon-Bone
- BVL: Bilateral Vestibular Loss
- BWSTT: Bodyweight Supported Treadmill Training

C

- C/o: Complaint of
- C/S: Cervical Spine
- Ca: Cancer
- CABG: Coronary Artery Bypass Grafting
- CAD: Coronary Artery Disease or Cervical Artery Dissection
- CAI: Chronic Ankle Instability
- Canc, Canx, or Cx: Cancelled
- CAPTE: Commission on Accreditation in Physical Therapy Education
- CBC: Complete Blood Count
- CC: Chief Complaint
- CCF: Craniocervical Flexion

- CCFT: Craniocervical Flexion Test
- CCS: Cardiovascular and Pulmonary Certified Specialist
- CCVT: Certified Clinical Vestibular Therapist
- CF: Cystic Fibrosis
- CFL: Calcaneofibular Ligament
- CFMT: Certified Functional Manual Therapist
- CFRT: Cervical Flexion-Rotation Test
- CGA: Contact Guard Assist
- CHF: Congestive Heart Failure
- CHT: Certified Hand Therapist
- CI: Clinical Instructor or Confidence Interval
- CIMT: Constraint-Induced Movement Therapy
- CK: Creatine Kinase
- CKC: Closed Kinetic Chain
- CKMB: Creatine Kinase-MB
- CL: Contralateral
- CLT: Certified Lymphedema Therapist
- CMC: Carpometacarpal
- CMT: Congenital Muscular Torticollis
- CN: Cranial Nerve
- CNS: Central Nervous System
- CO: Cardiac Output
- COG: Center of Gravity
- COMT: Certified Orthopedic Manual Therapist
- COPD: Chronic Obstructive Pulmonary Disorder
- CP: Cardiopulmonary, Chest Pain, or Cerebral Palsy
- CPAP: Continuous Positive Airway Pressure
- CPG: Clinical Practice Guidelines or Central Pattern Generator
- CPK: Creatine Phosphokinase
- CPM: Continuous Passive Motion
- CPP: Cerebral Perfusion Pressure or Closed Packed Position
- CPR: Cardiopulmonary Resuscitation or Clinical Prediction Rule
- CRP: C-Reactive Protein
- CRPS: Complex Regional Pain Syndrome
- CS: Cervical Spine
- CSCS: Certified Strength and Conditioning Specialist
- CSF: Cerebrospinal Fluid
- CT: Chemotherapy or Connective Tissue
- CT Scan: Computerized Tomography Scan
- CTJ: Cervicothoracic Junction
- CTS: Carpal Tunnel Syndrome
- CTx: Cervical Traction
- CV: Cardiovascular
- CVA: Cerebrovascular Accident
- CVD: Cardiovascular Disease
- CVT: Clinical Vestibular Therapist
- CXN: Contraction
- CXR: Chest X-Ray
- Co-CXN: Co-Contraction

D

- D/c: Discharge
- D/t: Due to
- DAFO: Dynamic Ankle Foot Orthosis
- DB: Dumbbell
- DCD: Developmental Coordination Disorder
- DCML: Dorsal Column Medial Lemniscus
- DDD: Degenerative Disc Disease
- DDX: Differential Diagnosis
- DEC: Decreased
- DF: Dorsiflexion
- DGI: Dynamic Gait Index
- DH or DHx: Drug History
- DIP: Distal Interphalangeal (Joint)
- DJD: Degenerative Joint Disease
- DL: Double Leg
- DLCO: Diffusing Capacity of the Lungs
- DM: Diabetes Mellitus
- DMD: Duchenne Muscular Dystrophy
- DNR: Do Not Resuscitate
- DOB: Date of Birth
- DOE: Dyspnea on Exertion
- DOS: Date of Surgery
- DRG: Dorsal Root Ganglion
- DS: Down Syndrome
- DSCT: Dorsal Spinocerebellar Tract
- DSD-DH: Detrusor Sphincter Dyssynergia with Detrusor Hyperreflexia
- DTR: Deep Tendon Reflex
- DVA: Dynamic Visual Acuity
- DVT: Deep Vein Thrombosis
- Dz: Disease

E

- EAO: External Abdominal Oblique
- EBP: Evidence-Based Practice
- EC: Eyes Closed
- ECF: Extracellular Fluid
- ECG or EKG: Electrocardiogram
- ECM: Extracellular Matrix
- ECRB: Extensor Carpi Radialis Brevis
- ECRL: Extensor Carpi Radialis Longus
- ECU: Extensor Carpi Ulnaris
- ED: Extensor Digitorum or Emergency Department
- EDB: Extensor Digitorum Brevis
- EDL: Extensor Digitorum Longus
- EDM: Extensor Digiti Minimi
- EDSS: Expanded Disability Status Scale
- EDV: End Diastolic Volume

- EF: Ejection Fraction or Endfeel
- EHL: Extensor Hallucis Longus
- ELAP: Early Learning Accomplishment Profile
- EMG: Electromyography
- EO: Eyes Open
- EOB: Edge of Bed
- EOR: End of Range
- EPB: Extensor Pollicis Brevis
- EPL: Extensor Pollicis Longus
- ER: External Rotation
- ERV: Expiratory Reserve Volume
- ESR: Erythrocyte Sedimentation Rate
- ESRD: End-Stage Renal Disease
- Estim or ES: Electrical Stimulation
- ESV: End Systolic Volume
- ETOH: Ethyl Alcohol
- EV or EVER: Eversion
- Ex: Exercise
- EXT: Extension

F

- FA: Forearm
- FAAM: Foot and Ankle Ability Measures
- FAAOMPT: Fellow of the American Academy of Orthopedic Manual Physical Therapists
- FABER: Flexion, Abduction, and External Rotation
- FABQ: Fear-Avoidance Behavior Questionnaire
- FADDIR: Flexion, Adduction, and Internal Rotation
- FAIS: Femoracetabular Impingement Syndrome
- FAS: Fetal Alcohol Syndrome
- FCR: Flexor Carpi Radialis
- FCU: Flexor Carpi Ulnaris
- FDB: Flexor Digitorum Brevis
- FDL: Flexor Digitorum Longus
- FDM: Flexor Digiti Minimi
- FDMB: Flexor Digiti Minimi Brevis
- FDP: Flexor Digitorum Profundus
- FDS: Flexor Digitorum Superficialis
- FES: Functional Electrical Stimulation
- FEV1: Forced Vital Capacity in 1 Second
- FF: Forward Flexion or Forefoot
- FFI: Foot Functional Index
- FGA: Functional Gait Assessment
- FHB: Flexor Hallucis Brevis
- FHL: Flexor Hallucis Longus
- FHP: Forward Head Posture
- FIM: Functional Independence Measure
- FiO₂: Fraction of Inspired Oxygen
- FLEX: Flexion
- FOGQ: Freezing of Gait Questionnaire

- FOTO: Focus on Therapeutic Outcomes
- FPB: Flexor Pollicis Brevis
- FPL: Flexor Pollicis Longus
- FRC: Functional Residual Capacity
- FRO: Floor Reaction Orthosis
- FRT: Functional Reach Test
- FSHMD: Facioscapulo Humeral Muscular Dystrophy
- FSST: Four Square Step Test
- FVC: Forced Vital Capacity
- FWB: Full Weight Bearing
- FWW: Front Wheel Walker
- Fx: Fracture

G

- G/S: Gastrocnemius/Soleus Complex
- GAGs: Glycosaminoglycans
- GBS: Guillain Barre Syndrome
- GCS: Glasgow Coma Scale or Geriatric Certified Specialist
- GH: Glenohumeral
- GI: Gastrointestinal
- GMFCS: Gross Motor Function Classification System
- GMFM: Gross Motor Function Measure
- GSA: General Somatic Afferent
- GSE: General Somatic Efferent
- GTO: Golgi Tendon Organ
- GTPS: Greater Trochanteric Pain Syndrome
- GVA: General Visceral Afferent
- GVE: General Visceral Efferent
- GU: Genitourinary

H

- H/o: History of
- H&H: Hemoglobin and Hematocrit
- H&P: History and Physical Examination
- HA: Headache
- HABIT: Hand-Arm Bimanual Intensive Training
- HAGOS: Copenhagen Hip and Groin Outcome Score
- Hb: Hemoglobin
- Hct: Hematocrit
- HDL: High Density Lipoprotein
- HEP: Home Exercise Program
- HF: Heart Failure
- HHS: Harris Hip Score
- HIE: Hypoxic Ischemic Encephalopathy
- HIPAA: Health Insurance Portability and Accountability Act
- HKAFO: Hip-Knee-Ankle Foot Orthosis
- HNP: Herniated Nucleus Pulposus
- HO: Heterotopic Ossification

- HOB: Head of Bed
- HOOS: Hip Disability and Osteoarthritis Outcome Score
- Horiz ABD: Horizontal Abduction
- Horiz ADD: Horizontal Adduction
- HOS: Hip Outcome Score
- HR: Heart Rate
- HRAM: Hold Relax Active Motion
- HTN: Hypertension
- Hx: History

I

- I: Independent
- IA: Intra-Abdominal
- IAO: Internal Abdominal Oblique
- IAP: Intra-Abdominal Pressure or Inferior Articular Process
- IASTM: Instrument-Assisted Soft Tissue Mobilization
- IC: Intermittent Catheterization, Initial Contact, or Intercarpal
- ICF: International Classification of Functioning, Disability, and Health or Intracellular Fluid
- ICP: Intracranial Pressure
- ICU: Intensive Care Unit
- IDDM: Insulin-Dependent Diabetes Mellitus
- IDEA: Individuals with Disabilities Education Act
- IEP: Individual Education Program
- IFSP: Individual Family Service Plan
- IKDC: International Knee Documentation Committee
- IM: Intramuscular
- IMP: Inferior, Medial, and Posterior
- INC: Increased
- INR: International Normalized Ratio
- Inv: Inversion
- IP: Inpatient or Interphalangeal (Joint)
- IPF: Idiopathic Pulmonary Fibrosis
- IPS: Ipsilateral
- IPSP: Inhibitory Postsynaptic Potential
- IPV: Intrapulmonary Percussive Ventilation
- IR: Internal Rotation
- IRB: Institutional Review Board
- IRV: Inspiratory Reserve Volume
- IS: Incentive Spirometry
- ISw: Initial Swing
- ITB: Iliotibial Band
- IV: Intravenous or Intervertebral
- IVC: Intermittent Vascular Claudication
- IVF: Intervertebral Foramen
- IVH: Intraventricular Hemorrhage

J

- JCAHO: Joint Commission on Accreditation of Healthcare Organizations
- JRA: Juvenile Rheumatoid Arthritis

- Jt: Joint

K

- KAFO: Knee Ankle Foot Orthosis

L

- L: Left
- L/S or LS: Lumbar Spine
- LA: Left Atrium
- LAQ: Long Arc Quad
- Lat: Lateral
- LBP: Low Back Pain
- LBQC: Large Base Quad Cane
- LCL: Lateral Collateral Ligament
- LCST: Lateral Corticospinal Tract
- LDL: Low Density Lipoprotein
- LE: Lower Extremity
- LEFS: Lower Extremity Function Scale
- Lig: Ligament
- LLQ: Left Lower Quadrant
- LMJA: Longitudinal Midtarsal Joint Axis
- LMN: Lower Motor Neuron
- LOA: Level of Assist
- LOS: Length of Stay or Limits of Stability
- LR: Loading Response
- LS: Lumbar Spine or Long Sit
- LSO: Lumbosacral Orthosis
- LSVT: Lee Silverman Voice Treatment (LSVT BIG)
- LTG: Long Term Goal
- LUQ: Left Upper Quadrant
- LV: Left Ventricle
- LVAD: Left Ventricular Assistive Device

M

- M/H: Medical History
- MABP: Mean Arterial Blood Pressure
- MACS: Manual Ability Classification System
- Manips: Manipulations
- MAS: Modified Ashworth Scale
- MaxA: Maximum Assistance
- MC: Metacarpal
- MCL: Medial Collateral Ligament
- MCP: Metacarpophalangeal
- MCTSIB: Modified Clinical Test of Sensory Interaction on Balance
- MD: Medical Doctor or Muscular Dystrophy
- Med: Medial
- MEP: Maximum Expiratory Pressure
- MET: Muscle Energy Technique or Metabolic Equivalent
- MFIS: Modified Fatigue Impact Scale

- MFR: Myofascial Release
- MG: Myasthenia Gravis
- MI: Myocardial Infarction
- MinA: Minimum Assistance
- MIP: Maximum Inspiratory Pressure
- MLF: Medial Longitudinal Fasciculus
- Mm: Muscle
- MMT: Manual Muscle Test
- Mobs: Mobilizations
- Mod I: Modified Independent
- ModA: Moderate Assistance
- MODS: Multi-Organ Dysfunction Syndrome
- MOI: Mechanism of Injury
- MRI: Magnetic Resonance Imaging
- MRSA: Methicillin-Resistant Staphylococcus Aureus
- MS: Multiple Sclerosis
- MSK: Musculoskeletal
- MSt: Mid-Stance
- MSw: Mid-Swing
- MT: Metatarsal
- MTP: Metatarsophalangeal
- MUGA: Multigated Acquisition (Imaging)
- MV: Minute Ventilation
- Mvmt, Movt, or Mvt: Movement
- MVA: Motor Vehicle Accident
- MVO2: Myocardial Volume of Oxygen Consumption
- MWM: Mobilization with Movement

N

- N/T: Numbness and Tingling
- N/V: Nausea and Vomiting
- NAG: Natural Apophyseal Glide
- NAS: Neonatal Abstinence Syndrome
- NCV: Nerve Conduction Velocity
- NDI: Neck Disability Index
- NDT: Neurological Developmental Technique
- NIDDM: Non-Insulin Dependent Diabetes Mellitus
- NE: Norepinephrine
- NEC: Necrotizing Enterocolitis
- NM: Neuromuscular
- NMES: Neuromuscular Electrical Stimulation
- Nn: Nerve
- NP: Nucleus Pulposus
- NPO: Nothing by Mouth
- NPRS: Numeric Pain Rating Scale
- NPTE: National Physical Therapy Examination
- NSAID: Non-Steroidal Anti-Inflammatory Drug
- NSR: Normal Sinus Rhythm
- NSTEMI: Non-ST Segment Elevation Myocardial Infarction

- NWB: Non-Weight Bearing

O

- OA: Osteoarthritis
- OCS: Orthopedic Certified Specialist
- ODI: Oswestry Disability Index
- ODM: Opponens Digiti Minimi
- OH: Overhead
- OKC: Open Kinetic Chain
- OMJA: Oblique Midtarsal Joint Axis
- OOB: Out of Bed
- OP: Outpatient, Overpressure, or Operation
- OPP: Open Packed Position
- OPQRST: Onset, Provocation, Quality, Radiation, Severity, and Time
- ORIF: Open Reduction and Internal Fixation
- OSHA: Occupational Safety and Health Administration
- OT: Occupational Therapist/Therapy

P

- P: Pulse
- P!: Pain
- PAC: Premature Atrial Contraction
- PAD: Peripheral Arterial Disease
- PAIVM: Passive Accessory Intervertebral Movement
- PAM: Passive Accessory Movement
- PCA: Patient Controlled Analgesia (Pump)
- PCL: Posterior Cruciate Ligament
- PCP: Primary Care Physician
- PCS: Pediatric Certified Specialist
- PD: Progressive Disease, Provisional Diagnosis, or Parkinson's Disease
- PDMS-2: Peabody Developmental Motor Scale
- PE: Pulmonary Embolus
- PEDI: Pediatric Evaluation of Disability Inventory
- PEEP: Positive End Expiratory Pressure
- PEF: Peak Expiratory Flow Rate
- PF: Plantar Flexion
- PFFD: Proximal Focal Femoral Deficiency
- PFS: Patellofemoral Syndrome
- PFT: Pulmonary Function Test
- PGOGOQ: Piriformis, Gemellus Superior, Obturator Internus, Gemellus Inferior, Obturator Externus, and Quadratus Femoris
- PGs: Proteoglycans
- PICC: Peripherally Inserted Central Venous Catheter
- PICO: Person, Intervention, Comparison, and Outcome
- PID: Prolapsed Intervertebral Disc or Pelvic Inflammatory Disease
- PIP: Peak Inspiratory Pressure or Proximal Interphalangeal (Joint)
- PLB: Pursed Lip Breathing
- PLCC: Posterolateral Corner Complex
- PLL: Posterior Longitudinal Ligament

- PLOF: Prior Level of Function
- PLT: Platelets
- PMH or PMHx: Past Medical History
- PNF: Proprioceptive Neuromuscular Facilitation
- PNS: Parasympathetic Nervous System
- PO: By Mouth
- PO2: Partial Pressure of Oxygen
- Post: Posterior
- POV: Power Operated Vehicle
- PPIVM: Passive Physiological Intervertebral Movement
- PPM: Passive Physiological Movement
- PPPP: Peripartum Posterior Pelvic Pain
- PRN: As Needed
- PRO: Pronation
- PROM: Passive Range of Motion
- Prox: Proximal
- PRVC: Pressure Regulated Volume Control
- PSIS: Posterior Superior Iliac Spine
- PSw: Pre-Swing
- PT: Physical Therapist
- Pt: Patient
- PTA: Physical Therapy Assistant
- PTFL: Posterior Talofibular Ligament
- PTTD: Posterior Tibialis Tendon Dysfunction
- PVC: Premature Ventricular Contraction
- PVD: Peripheral Vascular Disease
- PVL: Periventricular Leukomalacia
- PWB: Partial Weight Bearing

Q

- Q2h: Every 2 hours
- qAM: Every Morning
- QC: Quad Cane
- QD: Every Day
- qHS: Every Bedtime
- QID: Four Times a Day
- QL: Quadratus Lumborum
- QOD: Every Other Day
- QOL: Quality of Life
- qPM: Every Evening

R

- R: Right
- R/o: Rule Out
- RA: Rheumatoid Arthritis or Right Atrium
- RAAS: Renin Angiotensin Aldosterone System
- RAS: Rhythmic Auditory Stimulation
- RBC: Red Blood Cell
- RC or RTC: Rotator Cuff

- RCT: Randomized Control Trial
- RD: Radial Deviation
- RDS: Respiratory Distress Syndrome
- RF: Rectus Femoris, Rearfoot, or Rheumatoid Factor
- RGO: Reciprocal Gait Orthosis
- RI: Resisted Isometrics
- RICE: Rest, Ice, Compression, and Elevation
- RLD: Restrictive Lung Disease
- RLQ: Right Lower Quadrant
- ROM: Range of Motion
- ROP: Retinopathy of Prematurity
- ROS: Review of Systems
- ROT: Rotation
- RPE: Rate of Perceived Exertion
- RR: Respiratory Rate
- RRR: Regularly Regular Rhythm
- RT: Respiratory Therapist/Therapy
- RUQ: Right Upper Quadrant
- RV: Right Ventricle or Residual Volume
- RW: Rolling Walker
- Rx: Treatment

S

- S: Without
- S/b: Seen By
- S/p: Status Post
- S/s: Signs and Symptoms
- SAL: Superior, Anterior, and Lateral
- SAP: Superior Articular Process
- SAQ: Short Arc Quad
- SB: Sidebending or Spina Bifida
- SBA: Stand by Assist
- SBAR: Situation, Background, Assessment, and Recommendation
- SBQC: Small Base Quad Cane
- SBST: STarT Back Screening Tool
- SC: Straight Cane, Spinal Cord, or Sternoclavicular
- SCFE: Slipped Capital Femoral Epiphysis
- SCI: Spinal Cord Injury
- SCM: Sternocleidomastoid
- SD: Standard Deviation or Serial Dependency
- SES: Socioeconomic Status
- SI: Sensory Integration or Sacroiliac
- SIJ: Sacroiliac Joint
- SIMV: Synchronous Intermittent Mechanical Ventilation
- SKTC: Single Knee to Chest
- SL: Sidelying or Single Leg
- SLAP: Superior Labrum Anterior and Posterior
- SLE: Systemic Lupus Erythematosus
- SLP: Speech-Language Pathologist

- SLR: Straight Leg Raise
- SLS: Single Leg Stance
- SMA: Spinal Muscular Atrophy
- SMO: Supramalleolar Orthosis
- Sn: Sensitivity
- SNAG: Sustained Natural Apophyseal Glide
- SNF: Skilled Nursing Facility
- SNS: Sympathetic Nervous System
- SOAP: Subjective, Objective, Assessment, and Plan
- SOB: Shortness of Breath
- SORT: Strength of Recommendation Taxonomy
- SOT: Sensory Organization Test
- Sp: Specificity
- SP: Spinous Process
- SPC: Single Point Cane
- SPD: Sensory Processing Disorder
- SpO2: Oxygen Saturation
- SQ: Subcutaneous
- STEMI: ST Segment Elevation Myocardial Infarction
- STG: Short Term Goal
- STJ: Subtalar Joint
- STM: Soft Tissue Mobilization
- STNR: Symmetrical Tonic Reflex
- STS: Sit to Stand
- STT: Selective Tissue Tension
- SUP: Supination
- SVE: Special Visceral Efferent
- SVT: Supraventricular Tachycardia
- SW: Standard Walker

T

- T: Temperature
- T/S or TS: Thoracic Spine
- TA: Transversus Abdominis
- TAR: Total Ankle Replacement
- TB: Theraband or Tuberculosis
- TBI: Traumatic Brain Injury
- TCJ: Talocrural Joint
- TCO: Total Contact Orthosis
- TDWB: Touch Down Weight Bearing
- TENS: Transcutaneous Electrical Neuromuscular Stimulation
- TFCC: Triangular Fibrocartilage Complex
- TFL: Tensor Fascia Latae
- TFM: Transverse Friction Massage
- TGMD-2: Test of Gross Motor Development
- THA: Total Hip Arthroplasty
- Ther Ex: Therapeutic Exercise
- TIA: Transient Ischemic Attack
- TID: Three Times a Day

- TKA: Total Knee Arthroplasty
- TLC: Total Lung Capacity
- TLR: Tonic Labyrinth Reflex
- TLSO: Thoracic Lumbar Sacral Orthosis
- TM: Treadmill
- TMJ: Temporomandibular Joint
- TOS: Thoracic Outlet Syndrome
- TP: Trigger Point or Transverse Process
- TPA: Tissue Plasminogen Activator
- TPR: Trigger Point Release
- Trxn: Traction
- TSt: Terminal Stance
- TSw: Terminal Swing
- TTP: Tenderness to Palpation
- TTS: Tarsal Tunnel Syndrome
- TTWB: Toe Touch Weight Bearing
- TUG: Timed Up and Go
- TV: Tidal Volume

U

- UBE: Upper Body Ergometer
- UD: Ulnar Deviation
- UE: Upper Extremity
- ULPT: Upper Limb Provocation Test
- ULTT: Upper Limb Tension Test
- UMN: Upper Motor Neuron
- UPDRS: United Parkinson's Disease Rating Scale
- URI: Upper Respiratory Infection
- US: Ultrasound
- UTI: Urinary Tract Infection
- UVL: Unilateral Vestibular Loss

V

- V-P: Ventriculoperitoneal
- V/Q: Ventilation/Perfusion Ratio
- VAS: Visual Analog Scale
- VBI: Vertebrobasilar Insufficiency
- VC: Vital Capacity
- VMO: Vastus Medialis Oblique
- VO₂: Oxygen Consumption
- VOR: Vestibulo-Ocular Reflex
- VPL: Ventral Posterolateral Nucleus
- VSCT: Ventral Spinocerebellar Tract
- VSS: Vital Signs are Stable
- VTE: Venous Thromboembolism

W

- WAD: Whiplash Associated Disorders
- WB: Weight Bearing

- WBAT: Weight Bearing as Tolerated
- WBC: White Blood Cell
- WC: Wheelchair
- WFL: Within Functional Limits
- Wt or Wgt: Weight
- WNL: Within Normal Limits
- WOMAC: Western Ontario McMaster Osteoarthritis Index
- WW: Wheeled Walker

Y

- Y/o: Years Old

Z

- ZAJ or Z-Joint: Zygapophysial Joint